



*Access the power of your brain  
to play better golf!*



**CALL 91093591  
FOR A FREE ASSESSMENT**

## **NEUROOPTIMAL® HELPS YOU TO FOCUS BETTER, IMPROVE ACCURACY & CONFIDENCE IN YOUR GAME**

Focus and mental balance is at the heart of Peak Performance. Elite athletes, corporate executives, surgeons and other professionals have proven tremendous improvements.

Benefits to your golf game:

- Improved focus, concentration and attention
- Mind and body working together
- Stay calm under pressure
- Clear mind with less distractive thoughts
- Experience being in the flow

The training is easy and enjoyable, just sit back and relax whilst NeuroOptimal® Neurofeedback provides feedback to your brain where it matters, using sound and music to unlock your brain's potential to excel.

*"What's the most important shot in golf?  
The next one."*

**Arnold Palmer**

**Use NeuroOptimal® to  
improve your next game!**

**Be the Best You. It's time.**

**Personal Mind Training  
[www.personal-mind-training.com](http://www.personal-mind-training.com)**